

ICAR-CICR celebrates International Day of Yoga on 21st June, 2022

ICAR-CICR, Nagpur celebrates 8th International Yoga Day on 21st June, 2022. Staff of the institute participated and performed the Yogasanas under the guidance of Prof. Ram Gawande, Ex. Professor and Head, Entomology Section, College of Agriculture, and Yoga Guru, Vibhu Yoga Pranayam, Nagpur and Mr. Ghanshyam Devgirkar, Sr. Technical Assistant, ICAR-CICR, Nagpur. The participants were given the Yoga pledge, told about the importance of Yoga in human life and also shown the demonstration on performing Yoga asanas by the Yoga Gurus.

On this occasion of Yoga Day, various competitions like slogan writing, essay writing and Quiz competition based on current year's theme "YOGA for Humanity" were organised in the institute.



Staff performing Yoga



Slogan writing, Essay writing and Quiz competition based on current year's theme "YOGA for Humanity"